

AYESHA BHATIA

Curriculum Vitae

CONTACT INFORMATION

Department of Psychology
University of New Mexico
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EDUCATION

- Ongoing **University of New Mexico**, Albuquerque, NM
Doctor of Philosophy in Clinical Psychology
Emphasis in Diversity/Multicultural Psychology and Health Psychology
Advisor: Sarah Erickson, Ph.D.
- 2019 **Emory University**, Atlanta, GA
Master of Public Health in Global Health
Concentration in Community Health and Development
Certificate in Mental Health
Master's Thesis: *Mental Health Wellness of South Asian Students of Minnesota: A Mixed-method Study of Determinants, Attitudes, and Barriers*
Advisor: Rachel Waford, Ph.D., ABPP
- 2016 **University of Minnesota – Twin Cities**, Minneapolis, MN
Bachelor of Science in Psychology
Minor in Statistics and Biology
Thesis: *The Perception of Vision in Schizophrenic Patients*
Advisor: Cheryl Olman, Ph.D.

HONORS AND AWARDS

- 2022 **2022 AAPA Division of South Asian American Summer Fellow**
- 2019 **2019 Outstanding Practicum Award**
Awarded by the Rollins School of Public Health at Emory University for Practicum entitled: "AshaUSA: Youth Mental Health Matters Campaign."

RESEARCH SUPPORT

- 2020 - 2021 **COVID-19 Ethics and Humanities Grant**
Title: Unblinding in Randomized Control Trials: A Clinical Ethics Pandemic Evaluation
Role: Principal Investigator

Sponsor: Center for Bioethics and Medical Humanities, Northwestern University
Co-Collaborator: Katherine L. Wisner, M.D.
Amount Awarded: \$3,300

PUBLICATIONS

PEER-REVIEWED MANUSCRIPTS:

1. Narasimhan, S. L., Eid, A., **Bhatia, A.**, Davey, C., & Steinberger, J. (2022). Maternal diabetes and fetal cardiac output. *Journal of neonatal-perinatal medicine*, 15(1), 69–74. <https://doi.org/10.3233/NPM-200552>
2. **Bhatia, A.**, Appelbaum, P.S., and Wisner, K.L. (2021). Unblinding in Randomized Control Trials: A Research Ethics Case. *Ethics & Human Research*, 43(2), 28-34. <https://doi.org/10.1002/eahr.500084>

MANUSCRIPTS IN PREPARATION:

1. **Bhatia, A.**, Amarapurkar, S., and Waford, R. (in preparation). Mental Health Wellness of South Asian Students of Minnesota: A Mixed-method Study of Determinants, Attitudes, and Barriers.
2. **Bhatia, A.**, Myla, K., and Wisner, K.L. (in preparation). COVID-19 Research Design Considerations.
3. Blackwell, M., **Bhatia, A.**, Choe, R., Elumba, R., Gillezeau, C., Goodkind, J., Hess, J., Lardier, D., Lemus, A., Ramirez., J., Ross, R., Sheffield, A., Yeater, E. (in preparation). Why is Gender Violence Research So WEIRD? Ending the Neglect of Global Women’s Sexual Trauma Experiences.
4. **Bhatia, A.**, Barnett-Green, I., Pylypciw, M., Vaccaro, S., and Erickson, S. (in preparation). The Influence of Culture on Parenting and Development: An Examination of the Literature.

PUBLISHED ABSTRACTS:

1. **Bhatia, A.**, Eid, A., Steinberger, J., and Sivanandam, S. (2017). Maternal Diabetes and Fetal Cardiac Output: P1-57. *Journal of the American Society of Echocardiography*, 30(6), B33-B34.

PRESENTATIONS

INVITED AND LOCAL PRESENTATIONS:

1. **Bhatia, A.**, Barnett-Green, I., Pylypciw, M., Vaccaro, S., and Erickson, S. (2022, October). *The Influence of Culture on Parenting and Development: An Examination of the Literature*. Research presentation at the New Mexico Psychological Association (NMPA) Fall Conference 2022, virtual conference.
2. **Bhatia, A.**, and Swami, S. (2022, October). *Communication about Racial Socialization with Adolescents: An Exploration of the Literature*. Research fellowship presentation at the Asian American Psychology Association (AAPA) Conference 2022, virtual conference.

3. **Bhatia, A.** (2019, July). *MannMukti: Mental Health Wellness*. Invited workshop presented to members at the Delta Phi Omega Sorority, Inc. Annual National Conference, Houston, TX.
4. **Bhatia, A.,** Bhatia, A., Binoy, G., Kirankumar, V., Amarpurkar, S. (2018, August). *Youth Mental Health Matters*. Workshop presented to the members at AshaUSA's (501(c)(3) non-profit) Mental Health Matters workshop series, Minneapolis, MN.

POSTER PRESENTATIONS:

1. **Bhatia, A.,** and Swami, S. (2023, March). *Communication about Racial Socialization with Adolescents: An Exploration of the Literature*. Poster presented at Society of Pediatric Psychology Annual Conference (SPPAC) 2023, Chicago, IL.
2. **Bhatia, A.,** Barnett-Green, I., Pylypciw, M., Vaccaro, S., and Erickson, S. (2023, March). *The Impact of Culture on Parenting and Development: A Review of Current Methodologies*. Poster presented at the Society for Research in Child Development (SRCD) 2023 Biennial Meeting, Salt Lake City, UT.
3. Pylypciw, M., deCruz-Dixon, N., VanderJagt, H., **Bhatia, A.,** Venner, K., Tofighi, D., and Erickson, S. (2023, March). *Evaluation of a DBT STEPS-A Program Delivered to a Lower-Income New Mexico High School*. Poster presented at the Society for Research in Child Development (SRCD) 2023 Biennial Meeting, Salt Lake City, UT.
4. **Bhatia, A.,** Barnett-Green, I., Pylypciw, M., Vaccaro, S., and Erickson, S. (2022, August). *The Influence of Culture on Parenting and Development: An Examination of the Literature*. Poster presented at the American Psychological Association (APA) Convention 2022, Minneapolis, MN.
5. **Bhatia, A.,** Amarpurkar, S., and Waford, R. (2022, April). *Exploratory Qualitative Analysis of South Asian High School Students' Mental Health Wellness in the Midwest*. Poster presented at Society of Pediatric Psychology Annual Conference (SPPAC) 2022, Phoenix, AZ.
6. Pylypciw, M., **Bhatia, A.,** deCruz-Dixon, N., Solis, I., Vaccaro, S., and Erickson, S. (2021, November). *Examining Dialectical Behavior Therapy Skills Groups in Low Income Schools: A Review of the Literature*. Poster presented at Harvard University's Trends in Psychology Summit 2021, virtual conference.
7. **Bhatia, A.,** and Wisner, K.L. (2020, September). *Unblinding in Randomized Control Trials: A Clinical Ethics Case*. Poster presented at the 16th Annual Lewis Landsberg Research Day, conference cancelled due to COVID-19.
8. **Bhatia, A.,** Mesches, G.A., Fatima, S.J., Kuchenrither, K.L., Torres, E., Stika, C.S., George, A.L., Avram, M.J., Rasmussen-Torvik, L.J., Ciolino, J.D., and Wisner, K.L. (2019, December). *Optimizing Medication Management for Mothers with Depression (OPTI-MOM U54 Center)*. Poster presented at the Institute for Public Health and Medicine (IPHAM) 2nd Annual Population Health Forum, Chicago, IL.
9. **Bhatia, A.,** Amarpurkar, S., and Waford, R. (2019, May). *Mental Health Wellness of South Asian Students of Minnesota: A Mixed-method Study of Determinants, Attitudes, and Barriers*. Poster presented at the 2019 Emory Rollins School of Public Health Annual Thesis Symposium, Atlanta, GA.
10. **Bhatia, A.,** and Amarpurkar, S. (2019, April). *AshaUSA: Youth Mental Health Matters Campaign*. Poster presented at the 2019 Emory Rollins School of Public Health in Action Annual Meeting, Atlanta, GA.

11. **Bhatia, A.**, Cutler, G., Jin, J., and Madhok, M. (2018, November). *Which Mental Health Patients Are Super-users of Emergency Department?*. Poster presented at the American Academy of Pediatrics (AAP) Experience Annual National Conference and Exhibition, Orlando, FL.
12. **Bhatia, A.**, Eid, A., Steinberger, J., and Sivanandam, S. (2017, June). *Maternal Diabetes and Fetal Cardiac Output*. Poster presented at the American Society of Echocardiography's 28th Annual Scientific Sessions, Baltimore, MD.
13. Leong, K., Kim, K., Eid, A., **Bhatia, A.**, Sivanandam, A., Harvey, B., and Sivanandam, S. (2017, May). *All about the Database: Fetal Cardiology Quality Improvement Project*. Poster presented at the Annual Metro Minnesota Council on Graduate Medical Education Quality Forum, Minneapolis, MN.
14. Eid, A., **Bhatia, A.**, Steinberger, J., and Sivanandam, S. (2017, April). *Maternal Diabetes and Fetal Cardiac Output*. Poster presented at the 31st Annual Pediatric Research, Education and Scholarship Symposium (PRESS). Minneapolis, Minnesota.

RESEARCH POSITIONS

- 2023 - Present **Graduate Research Volunteer, HATCH Program**, University of New Mexico Center for Development and Disability
 Supervisor: Peggy MacLean, Ph.D.
 Duties: Provide support to ongoing studies through the HATCH Program examining the efficiency of the program.
- 2021 - Present **Graduate Research Assistant, Pediatric Psychology Lab**, University of New Mexico
 Advisor: Sarah Erickson, Ph.D.
 Duties: Provided support for studies examining (1) mother-daughter relationships and the effects on the daughter's body image of adolescents, and (2) how secure base attachment script affects college students' psychosocial development and mental health outcomes, including depression, substance use, and anxiety. Developed and served as a primary investigator in a mixed-methods study examining parent-child relationships, culture, and effects on child mental health outcomes.
- 2019 - 2021 **Clinical Research Coordinator, Asher Center for the Study and Treatment of Depressive Disorders**, Northwestern University
 Supervisor: Katherine L. Wisner, M.D.
 Duties: Served as the primary research coordinator for (1) the Northwestern University site of a multi-site NICHD-funded study to improve drug labels that guide how certain medications are prescribed for women who are breastfeeding (Grant # HHSN275201000003I/2750005), and (2) a NICHD-funded study to investigate Neonatal Adaptation Syndrome in infants exposed to antidepressants (Grant # 1U54HD085601-01). Provided support for additional NICHD-funded studies examining (1) optimizing medication management for women who take antidepressants during pregnancy (Grant # 1U54HD085601-01), and (2) the relationship between plasma concentrations of 17-OHPC (hydroxyprogesterone caproate) and the rate of preterm birth through a randomized controlled trial (Grant #

U54HD047905-11). Served as the principal investigator for a study examining unblinding methods in COVID-19 clinical trials.

- 2018 - 2019 **Graduate Research Assistant**, *Department of Global Health*, Emory University
 Advisor: Rachel Waford, Ph.D., ABPP
 Duties: Served as the principal investigator for a mixed-methods study examining mental health wellness and barriers to resources for South Asian American students.
- 2018 **Volunteer Research Assistant**, *Children's Minnesota Research Institute*, Children's Minnesota
 Supervisor: Gretchen Cutler, Ph.D., MPH and Manu Madhok, M.D., MPH
 Duties: Served as a volunteer research assistant for a study examining youth emergency department utilization for mental health concerns to improve outcomes.
- 2018 **Graduate Research Assistant**, *AshaUSA 501(c)(3)*, Minneapolis, MN
 Advisor: Sayali Amarpurkar, Ph.D.
 Duties: Served as the principal investigator in a project examining mental health wellness, resource allocation, and stigma in South Asian American students.
- 2017 - 2019 **Research Assistant**, *Emory Behavioral Immunology Program*, Emory University Hospital
 Supervisor: Bobbi J. Woolwine, MSW and Andrew H. Miller, M.D.
 Duties: Provided support for multiple studies at the Emory Behavioral Immunology Program through recruitment and screening.
- 2016 **Undergraduate Research Assistant**, *Department of Psychology*, University of Minnesota – Twin Cities
 Advisor: Cheryl Olman, Ph.D.
 Duties: Provided support for a project determining how detection of local image features interacts with scene perception in patients with schizophrenia.
- 2014 - 2016 **Undergraduate Research Assistant**, *Division of Pediatric Cardiology*, University of Minnesota Medical Center
 Supervisor: Shanti Narasimhan, M.D., FASE
 Duties: Served as the primary research assistant in a project examining the effects of maternal diabetes on fetal cardiac output.

CLINICAL EXPERIENCE

- 2023 – Present **Practicum Student**, *UNM Center for Development and Disability*, University of New Mexico
 Supervisor: Peggy MacLean, Ph.D.

Duties: Delivered group Dialectical Behavior Therapy (DBT) skills and Circle Security Training to parents of the FOCUS early intervention. DBT modules include core mindfulness skills, distress tolerance skills, emotion regulation skills, and interpersonal effectiveness skills. Learned and shadowed providers of the FOCUS early intervention. Adapted the Circle Security Training and DBT skills under cultural contexts.

2022 – Present

Clinical Student, *Child Clinic*, University of New Mexico

Supervisor: Sarah Erickson, Ph.D.

Duties: Listen and present cases to learn about clinical services geared towards children and openly discuss issues in clinical treatment. Discuss and learn how to modify clinical services and practice for clients. Conduct screening and intake activities for the clinic.

2022 – Present

Clinical Student, *Anxiety Clinic*, University of New Mexico

Supervisor: Elizabeth Yeater, Ph.D.

Duties: Listen and present cases to learn about clinical services geared towards anxiety and depression and openly discuss issues in clinical treatment. Discuss and learn how to modify clinical services and practice for clients.

2021 – Present

Clinical Student, *UNM Department of Psychology Clinic*, University of New Mexico

Supervisor: Lynette Abrams-Silva, Ph.D.

Duties: Learn the basics of empirical, theoretical, ethical, and cultural issues relevant to clinical activity. Conduct screening and intake activities for the clinic. Learn and administer the RBANS.

2021 – Present

Clinical Student, *Diversity Clinic*, University of New Mexico

Supervisors: Kamilla Venner, Ph.D., Steven Verney, Ph.D., and Lynette Abrams-Silva, Ph.D.

Duties: Listen and present cases to learn about culturally informed clinical services to clients from diverse background and openly discuss diversity-related issues in clinical treatment. Discuss and learn how to modify clinical services and practice for clients from diverse background.

2021 - Present

Practicum Student, *Wise Mind*, Albuquerque Public Schools (APS) – University of New Mexico Collaboration

Supervisor: Sarah Erickson, Ph.D.

Duties: Delivered group Dialectical Behavior Therapy (DBT) skills training to high-risk adolescents of the Albuquerque Public Schools system. DBT modules include core mindfulness skills, distress tolerance skills, walking the middle path skills (perspective taking), emotion regulation skills, and interpersonal effectiveness skills. Groups met weekly to help treat mental health challenges that are affecting school engagement and retention by reducing emotional distress and behavioral issues, building on strengths, and promoting adaptive functioning.

2015 - 2021 **Crisis Counselor**, *Nationwide Platform*, Crisis Text Line
 Supervisor: Tessa Shapiro
 Duties: Provided confidential services for people dealing with a variety of crisis issues through an online platform using active listening and therapeutic micro skills over weekly 4-hour shifts.

TEACHING AND MENTORING EXPERIENCE _____

TEACHING ACTIVITIES

2022 - Present **Graduate Assistant**, *Psychology Teaching Practicum (PSYC 450)*,
 University of New Mexico
 Professor: Bruce Smith, Ph.D.

2022 - Present **Graduate Assistant**, *Positive Psychology (PSYC 454)*, University of New
 Mexico
 Professor: Bruce Smith, Ph.D.

2021 - Present **Guest Lecturer**, *Developmental Psychology (PSYC 2120)*, University of
 New Mexico
 Professor: Romina Angeleri, Ph.D.

2021 - Present **Graduate Assistant**, *Developmental Psychology (PSYC 2120)*, University
 of New Mexico
 Professor: Romina Angeleri, Ph.D.

2021 - 2022 **Graduate Assistant**, *Introduction to Psychology (PSYC 1110)*, University
 of New Mexico
 Professor: Gordon Hodge, Ph.D. and Eric Jackson, MS

2012 **Youth Extending Service Teaching Assistant**, *5th Grade*, Plymouth
 Creek Elementary School

2010 - 2012 **Student Teacher**, *5th Grade Hinduism Culture Class*, Minnesota Hindu
 American Temple School

2010 - 2012 **Peer Tutor**, *AP Chemistry, AP Statistics, AP Calculus*, Wayzata High
 School

MENTORING ACTIVITIES

2021 Kumudini Myla, Undergraduate Research Assistant, Northwestern
 University
 Weekly research supervision and mentorship

2018 Amrit Bhatia, Undergraduate Research Assistant, AshaUSA
 Weekly research supervision and mentorship

2018 Veena Kirankumar, Undergraduate Research Assistant, AshaUSA
 Weekly research supervision and mentorship

2018 Gauri Binoy, Undergraduate Research Assistant, AshaUSA
 Weekly research supervision and mentorship

2015 - 2017 Aya Eid, Undergraduate Research Assistant, University of Minnesota –
 Twin Cities
 Weekly research supervision and mentorship

PROFESSIONAL AFFILIATIONS, LEADERSHIP, AND SERVICES _____

SERVICE TO REGIONAL, NATIONAL, AND INTERNATIONAL ORGANIZATIONS:

2022 - Present	UNM Student Representative, Psychological Clinical Science Accreditation System (PCSAS)
2021 - 2022	National Honor Court Chair, Delta Phi Omega Sorority, Inc.
2017 - 2021	National Vice President of Internal Affairs, Delta Phi Omega Sorority, Inc.
2017 - 2019	Senior Ambassador, MannMukti
2015 - 2016	President, Indian Student Association, University of Minnesota – Twin Cities
2009 - 2012	Volunteer, Peaceful Mind Homes

SERVICE TO INSTITUTIONAL AND DEPARTMENTAL UNITS AND COMMITTEES:

2022 - Present	Treasurer, Graduate Association of Students in Psychology, University of New Mexico
2021 - 2022	1 st and 2 nd Year Representative, Graduate Association of Students in Psychology, University of New Mexico
2018 - 2019	Events Chair, Emory Mental Health Alliance, Emory University
2013	Welcome Week Leader, Welcome Week Program, University of Minnesota – Twin Cities

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS:

2022 - Present	Graduate Students & Early Career Psychologists, APA Division 12, Section 10
2022 - Present	Society of Clinical Psychology, APA Division 12
2021 - Present	American Psychological Association (APA)
2021 - Present	Society of Pediatric Psychology, APA Division 54
2021 - Present	Society of Clinical Child and Adolescent Psychology, APA Division 53
2021 - Present	Asian American Psychological Association (AAPA)
2021 - Present	AAPA Division on South Asian Americans
2021 - Present	Psychological Study of Culture, Ethnicity, and Race, APA Division 45
2021 - Present	Psychology of Asian Pacific American Women, APA Division 35, Section 5
2021 - Present	Society for the Psychology of Women, APA Division 35
2012 - Present	Delta Phi Omega Sorority, Inc.

ADVANCED CLINICAL TRAINING

Fall 2022	<i>Seminar in Psychopathology</i> , course taught by Theresa Moyers, Ph.D., University of New Mexico
Spring 2022	<i>Empirically Supported Treatments</i> , course taught by Jane Ellen Smith, Ph.D., University of New Mexico
February 2020	<i>Adult Mental Health First Aid USA</i> , course taught by the National Council for Behavioral Health, teaching skills on how to provide initial help to people experiencing problems such as depression, anxiety disorders, psychosis, and substance use disorders.
Spring 2019	<i>Mindfulness and Health (BSHE 583)</i> , course taught by Nancy J. Thompson, Ph.D., MPH, Emory University

Fall 2018	<i>Introduction to Public Mental Health (BSHE 585)</i> , course taught by Nancy J. Thompson, Ph.D., MPH, Emory University
Fall 2018	<i>Introduction to Global Mental Health (GH 583)</i> , course taught by Rachel Waford, Ph.D., ABPP, Emory University
Fall 2018	<i>Behavior and Social Science in Public Health (BSHE 500)</i> , course taught by Colin Talley, Ph.D., Emory University
Spring 2018	<i>Violence as a Public Health Problem (BSHE 565)</i> , course taught by Shilpa N. Patel, Ph.D., MPH, Emory University
Fall 2017	<i>Evidence-based Policy, Programs, and Research (GH 501)</i> , course taught by Juan Leon, Ph.D., MPH, and Joanne McGriff, M.D., Ph.D., Emory University
Fall 2017	<i>Health as Social Justice (GH 507)</i> , course taught by Mimi Kiser, D.Min., MPH, Emory University
September 2015	<i>Crisis Text Line Training</i> , training taught by licensed psychologists and social workers, covering active and reflective listening skills, basic suicide prevention, collaborative problem solving, and crisis assessment and management skills

ADVANCED METHODOLOGY TRAINING

Spring 2022	<i>Design and Analysis of Experiments</i> , course taught by Davood Tofighi, Ph.D., University of New Mexico
Fall 2021	<i>Advanced Statistics</i> , course taught by Marco Del Giudice, Ph.D., University of New Mexico
Fall 2018	<i>Fundamentals of Qualitative Data Analysis (GH 543)</i> , course taught by Karen Andes, Ph.D., Emory University
Spring 2018	<i>Qualitative Research Methods – Global Health (GH 522)</i> , course taught by Monique Hennink, Ph.D., Emory University
Spring 2018	<i>Community Based Participatory Action Research (GH 513)</i> , course taught by Karen Andes, Ph.D., Emory University
Spring 2018	<i>Applied Survey Methodology (GH 503)</i> , course taught by Solveig Argeseanu Cunningham, Ph.D., MSc, Emory University
Spring 2018	<i>Biostatistics II and Lab (BIOS 501)</i> , course taught by Paul Weiss, MS, Emory University
Fall 2017	<i>Biostatistics I and Lab (BIOS 500 & 500L)</i> , course taught by Paul Weiss, MS, Emory University

SPECIAL SKILLS

Programming: SAS, R (basic understanding)

Computer: SAS 9.4, MAXQDA 12, EpiInfo, RStudio (basic understanding), SPSS, jamovi, INTERACT Video Coding Software, EPIC, Qualtrics, REDCap, Advantage eClinical, Google Productivity Services, Microsoft Office, Zendesk

Laboratory: Specimen processing

Clinical: Certified in clinical research skills (Venipuncture, Anthropometrics, Vitals)

Languages: Hindi (Superior Listener, Advanced Speaker, Novice Reading and Writing)